

Lansing Jaycees  
PO Box 16150  
Lansing, MI 48901

[www.lansingjaycees.org](http://www.lansingjaycees.org)

Region D  
Population Division 7  
Base Membership: 68

## Progressive Dinner

The Board of Directors hosted a Progressive Dinner on February 28<sup>th</sup>. A Progressive Dinner is a variation of a potluck dinner with the main difference being that each course is eaten at a different location. We decided to split the dinner between 4 locations and we were able to enjoy 10 courses. This has been a project suggestion for several years and I am happy we were able to conduct the event. Here are the stop details:

Stop 1 at 4 PM at Sheryl's. We served a Spinach salad with water chestnut (Sheryl) and Brie (Angela). Stop 2 at 4:45 at Andrew and Andrea's. We served Chorizo rice casserole (Andrea) and Tomato Soup (Andrew). Stop 3 at 5:45 at Sam's. We served Pork Loin (Colleen), Roasted Cauliflower (Alexandra Briseno), Cocktails (Sam) and Couscous (Sara). Stop 4 at 7:30 at Carrie's. We served Dessert (Carrie May cookies, chocolate mousse cups and pretzels dipped in chocolate, toffee and BACON!) (Carrie) and Hot Cocoa (Clock).



*At left: S. Keeney, C. Burton & A. Briseno check out the food selection!*



*At right: A sample of the yummy food: brie and salad!*

I have to say it was wonderful night. It was fun to walk into each house and experience the smells, tastes and sounds of the different courses. It turns out the Board is made up of some pretty good cooks.

The only thing we asked our guests (Lansing Jaycees members) to bring was a food donation. We were hoping to receive at least 10 pounds of food to donate to the Greater Lansing Food Bank and I am happy to report we collected over 98 pounds!

We enjoyed the experience so much we started a cookbook committee to put together a Lansing Jaycee cookbook to sell as a fundraiser. We made up Progressive Dinner refrigerator magnets and handed them out at the final stop. Now every time I am in my kitchen I can think about how much fun it was to plan and conduct this event. We have a few extra so let me know if you would like one for your home. Great job everyone and I look forward our next Progressive Dinner!

*Submitted by: Angela Fossi,  
2010 President, [kitispart@gmail.com](mailto:kitispart@gmail.com)*

# Lansing Jaycees

March 2010

## Jaycee Creed

by C. William Brownfield

We believe that faith in God gives meaning  
and purpose to human life;  
That the brotherhood of man transcends  
the sovereignty of nations;  
That economic justice can best be won  
by free men through free enterprise;  
That government should be of laws  
rather than of men;  
That earth's great treasure  
lies in human personality; and that  
**SERVICE TO HUMANITY IS  
THE BEST WORK OF LIFE**

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (dinner from 6 p.m. to 6:30 p.m.) at Tripper's Bar and Grill in Frandor. Visit our website, [www.lansingjaycees.org](http://www.lansingjaycees.org) for more information.



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## 2010 Board of Directors

The Board meets on the 3<sup>rd</sup> Tuesday each month, 6:00 PM at the Jaycees Service Center

### President

- Angela Fossi                   586-484-7027

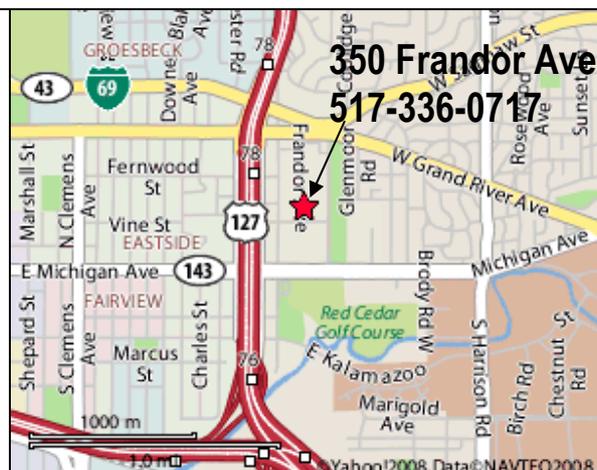
### Chair of the Board

- Angela Clock                   517-410-9527

### Board Members

- Andrea Hoard               517-402-8488
  - Community VP
- Colleen Burton           517-281-6049
  - Membership VP
- Sheryl Soczek           517-862-6376
  - Individual Development VP
  - Management VP
- Alexandra Briseno      517-974-0965
  - Secretary
- Carrie May               248-756-3840
  - Treasurer & Chaplain
- Samantha Keeney       989-714-5272
  - Director
- Andrew Hoard           517-303-6643
  - ID Director
- Sara Guthrie           517-977-6332
  - Membership Director

Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7:00 PM



## ***President's Report***

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Change is in the air! And not because March is the official start of spring, although that will be a nice change. The Lansing Jaycees have been working together to spread the word about our group and the benefits of being a member. If you are an existing member I hope you recognize the benefits of being a part of our organization. Please keep telling everyone you know how exciting it is to be a part of the Jaycees.

People are always asking me why I joined the Lansing Jaycees and it is because I enjoy meeting new people and getting involved in the community. What keeps me active as a member? I enjoy the balance of tradition and innovation. It's a very powerful experience to be involved with one of our signature events such as the Easter Egg Hunt on the Capitol Lawn. It is wonderful to hear from people who participated in the event as a child and can now bring their own children to the hunt. It's equally exciting to try something new with a group of people that you already know. It's easier to try white water rafting, curling or learning to shoot a gun with other people. I listen to the stories our members share with each other and I am convinced that we try things as a group that we would never try on our own.

So what is changing? We are becoming more active in spreading the word about the benefits of the Lansing Jaycees to other businesses and organizations in the Greater Lansing community. We usually ask for a business to help and focus our public relations efforts to a single event. We have a sponsorship committee in place to target specific businesses and organizations to become a chapter sponsor. They will be offered several benefits including having names displayed at key events and paid membership for at least one new member. This is a great way for us to further develop some of our existing business relationships as well as create new relationships. Do you know of a business or organization that would be interested in this opportunity? If so, send me the business name and contact info. We will share the information with the group once it is finalized.

Why is this important? I think that more people need to know the answer to the following question, 'Who are the Lansing Jaycees and what do they do?'. In order for that to happen we need to keep building the buzz about our group and we need to create long term relationships with the other businesses and organizations in the area.

That being said I asked the participants at the March General Meeting how they heard about the Jaycees. Of the 20 people asked 15 people listed word of mouth as one of the ways they heard about the group, 2 listed the Internet, 4 listed chapter events and 3 listed a printed ad. People were not limited to one option if you are wondering why the total was more than the number of participants. This is a small group but it is a decent sampling and shows that word of mouth is still the most effective way to build the buzz about the group. Let's keep up the great work!

Sincerely,

Angela M. Fossi  
82<sup>nd</sup> President



## A Message from the Membership VP



Hello to all the members and prospects! I hope everyone is having a great week, it has been very spring-like and that makes everyone want to be out and doing things. We had a great game night last week, for those of you who didn't make it. GYGO stands for Get Your Game On, in case anyone didn't know. We played euchre, Apples to Apples and Wii. Thanks to the Hutchison's for hosting our first GYGO of the year.

Coming up, we have a happy hour on March 19 at the Michigan Brewing Company. This should be a good time, and a great opportunity to check out a new local place for many of us. Unfortunately, the beautiful weather has made the sledding night a no-go, but we will hopefully get that on the calendar next winter. Or maybe even this year if we get another snow storm. Also starting soon is the softball season. Mike Spaulding is putting together a team and getting practices started soon. For anyone who wants to play, feel free to contact myself or Mike and we will get you more information. Have a great March, and don't forget to come out to any and all events we have with the Jaycees.

**Colleen Burton, 2010 Membership VP**  
[colleen713@yahoo.com](mailto:colleen713@yahoo.com)

## MSU Hockey Game

On Friday, February 26<sup>th</sup>, the Lansing Jaycees went to the last MSU home hockey game of the season vs. Bowling Green at Munn Arena. Jaimie Hutchison organized this event to root on the Spartans and enjoy watching the excitement of the goals and body checks to the glass. Past President Karen Brown brought four guests with her.

Also at the event, Jaimie and Wayne Hutchison, Felicity White, Orion Smith, Joe Kelly, Stephanie Nees and her guest Katie, Anne Ribby and her sister, Jennifer and John Stevens, current President Angela Fossi, and past President Sheryl Soczek. After the game, Karen, Jaimie, Wayne, Felicity, Orion, Stephanie, Katie, Jennifer, John, Angela and Joe were joined by Kevin Anselm for dinner and drinks at Pizza House. Thank you to everyone who participated!!

I am pleased to report MSU got the W!



*The group at the game!*

**Submitted by: Jaimie Hutchison,**  
[jaimjohutch@hotmail.com](mailto:jaimjohutch@hotmail.com)

## Membership

### Membership Anniversary Dates:

#### March:

*Matt Bauer, Alexandra Briseno, Eric Dobry,  
Joe Kelly, Sean Kottke, Andy Miller, Dianne  
Perukel, Sheryl Soczek, Michael Spaulding*

#### April:

*Shannon Culberson, William Nurmi,  
Stephanie Steere, Troy Steere*

### March Birthdays

*Angela Backus  
Matt Bauer  
Anne Ribby  
Rachel Rosenbaum*

*Happy Birthday!!!*



### Membership has its Benefits!

[http://www.usjaycees.org/index.php?option=com\\_content&task=view&id=21&Itemid=60](http://www.usjaycees.org/index.php?option=com_content&task=view&id=21&Itemid=60)

# MEMBER SPOTLIGHT



## Carrie May

Occupation: Chemical Manager (aka Sludge Pit Diva)

Relationship Status: Single

Dream Job: game show host or swim coach or professional curler

Favorite Movie and/or book: Movies – Shawshank Redemption and Drop Dead Gorgeous...runners up include A Few Good Men and Beauty and the Beast (Belle liked to read – she's my favorite)

Favorite Type of Music: Anything but country unless it's Dolly, Johnny Cash or Kenny Rogers

Do you have any pets? One ceramic dog named Lucy

Random Fact: I auditioned for Wheel of Fortune

Favorite Food: Diet Coke. And bacon. And beer. Really, not so picky!

Favorite Game or Sport: Swimming and curling are now in stiff competition as my favorite

First car: 1990 Red Ford Escort...the kind with the automatic shoulder harness. That car rocked.

Why I joined the Jaycees: I enjoy non court-ordered community service and I wanted to meet people. Both reasons have been fulfilled!

# Lansing Jaycees



**Group Photo with the "E" at Progressive Dinner**



**Enjoying dinner at Convention**



**A hotly contested euchre game at GYGO!**



**Amy Simon and Tony Zale being sworn in at the March GMM**

# Seen in Action

## A Message from the Community VP

### March 26<sup>th</sup> Comedy for a Cause

Don't forget, the Lansing Jaycees are hosting Comedy for a Cause to help raise funds for Hopital Albert Schweitzer, providing services to those affected by the devastating earthquakes in Haiti. The event is scheduled for March 26, 2010 at 8pm at Connxtions Comedy Club in Lansing. Tickets are \$15 and must be purchased by March 24, 2010. As an added bonus, two members, regardless of region or chapter who sell the most tickets will win the right to be the project co-chairs at Connxtions that night! This is an event you won't want to miss. Please contact Andrea Hoard ([andrea.hoard@gmail.com](mailto:andrea.hoard@gmail.com)) or Abby Siegel ([queenpetunia@hotmail.com](mailto:queenpetunia@hotmail.com)) for more information!



### March 27<sup>th</sup> Easter Egg Stuffing



On March 27<sup>th</sup>, the Lansing Jaycees will be hosting the Easter Egg Stuffing party from 9am-3pm. The event is currently scheduled to take place at Sohn Linen on Wood Street in Lansing, but is subject to change, so please watch for details! There are over 9000 eggs to be stuffed and this is an exciting opportunity to catch up with fellow Jaycees and work with other community groups as we prepare for the Annual Easter Egg Hunt on the Capitol Lawn. Many hands make light work (Thank you Carrie May!) and we hope that you will join us for this event!

## Other Upcoming Community Events

|          |         |                                 |  |
|----------|---------|---------------------------------|--|
| March 15 | 7-9     | Lansing City Council Meeting    | City Hall- 10 <sup>th</sup> Floor Council Chambers |
| March 20 | 845a-5p | Model Legislature               | State Capitol of Michigan                          |
| March 23 | 6-730   | Final Easter Egg Committee Mtg. | Michigan Brewing Company                           |
| April 3  | 10-12   | Annual Easter Egg Hunt          | State Capitol of Michigan Lawn                     |
| April 24 | TBD     | Christmas in April              | TBD  |

The Lansing Jaycees are always looking for new project ideas. Do you have a community project that you would like to see us do? Please contact Andrea Hoard at [andrea.hoard@gmail.com](mailto:andrea.hoard@gmail.com)!

## Valentines with Vets

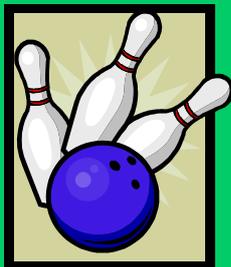
On February 13<sup>th</sup>, Lansing Jaycees had the opportunities to celebrate Valentines Day with those Veterans involved in the Homeless Veterans program at the Volunteers of America Shelter. More than ten dozen cookies, cupcakes and treats were donated along with individual cards for each veteran at the home. The veterans appeared to have a great time celebrating with us, and we look forward to additional opportunities to work with them and other populations in our community in the coming months!



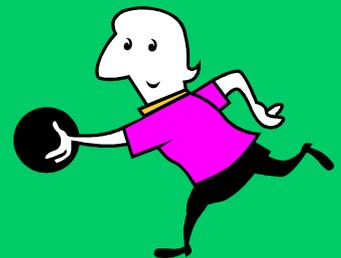
*Submitted by: Andrea Hoard, 2010 Community VP,  
andrea.hoard@gmail.com*

## Bowl for Kids' Sake

It's not too early to start thinking about Big Brothers Big Sisters Bowl for Kids' Sake! This event is taking place on May 7 at 6pm in Owosso. A challenge has been posed to the chapters of Region D to see which chapter can raise the most funds. Let's show the other chapters in our region what Lansing can do!



### Bowl for Kids' Sake



If you have not signed up, and would like to join the team, please visit

<http://www.bbbs.org/faf/search/searchTeamPart.asp?ievent=338615&lis=1&kntae338615=A1C7099B24814BF1A6DD359F8AC4C8AE&team=3658911&titeam=0>



It's not too early to join the Lansing Jaycees Relay for Life Team! Relay will be taking place June 12-13, 2010 at the East Lansing Soccer Complex from 10am-10am. This is a new venue for us and we are excited to check out the new location! If you have not already joined the team, please consider doing so at: [http://main.acsevents.org/site/TR?pg=entry&fr\\_id=21425](http://main.acsevents.org/site/TR?pg=entry&fr_id=21425). The theme this year is Birthdays, and yes, there is a challenge involved with this as well! The Mid-America Conference of Jaycees has challenged chapters from Illinois, Indiana, Kentucky, Michigan, Minnesota and Ohio has presented the March Madness Membership Challenge. Points will be given for renewing members, recruiting members and raising money for the state initiative project- Relay for Life. For every \$10 raised, 1 point is earned. In addition, points are earned for renewals and new member adds. The challenge goes through March 26, and the top 2 chapters in Michigan will receive 1 full paid registration to raffle off for 1<sup>st</sup> quarter convention at Boyne! Again, let's show Michigan and the Midwest, why it's great to be a Lansing Jaycee!

# *Individual Development*

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## A Message from the Individual Development VP

It seems like we have eaten our way through January and February...March will bring us some activities that will make us do more than just eat! Oh, don't get me wrong...we will still be eating.

It seems like the Lansing Jaycees just can't get enough learning in. This month we were educated on steps we can take to be more energy efficient in our homes/apartments (see article in this newsletter for more details), we tried a "Zumba" class, will see the City of Lansing in action at one of their City Council meetings, will learn to shoot a .22 and soon will learn to knit. Wow...all of that in one month, I hope everyone can handle all that added knowledge.

If you have an idea for an Individual Development project, please be sure to let myself or Andrew Hoard know and we will help you make it happen. We are currently looking for projects that would help us professionally and internationally (education, assistance, etc.).

*Sheryl A. Soczek, 2010 Individual Development VP*  
[soczek@msu.edu](mailto:soczek@msu.edu)



## How Are You Developing At Work?

I hope all of you have been enjoying life recently along with the abundance of natural light. Remember to move your clocks forward one hour on March 14, 2010 as we welcome daylight saving time!

I recently bought a new book entitled How to Develop Self-Confidence & Influence People by Public Speaking by Dale Carnegie. In there, they include parts of another book that he wrote, How to Enjoy Your Life and Your Job. Sometimes we may get wrapped in the day to do some of things to help ourselves relax and be more productive in work and in life. Here are some of the things that he suggests:

1. Relax in odd moments. One way to look at it is to be limp like a sock. The second way is to be like a cat. A cat normally does not have nervous breakdowns or suffers from worry or insomnia.
2. Work in a comfortable position. Tension usually produces fatigue, aches and pains.
3. Check yourself throughout the day. Are you working harder than you need to be? Are you using muscles that are not required for your work?
4. Check yourself at the end of the day. Are you tired at the end of the day? You could be doing more work than what is required, which could down the line cause irritability and hypertension.

I hope you take these words to heart in order to help yourself enjoy your work and life every day. As always, if you have a project idea, feel free to contact me or Sheryl Soczek.

Have a great month of March!

*Andrew Hoard, 2010 Individual Development Director*  
[andrew.t.hoard@gmail.com](mailto:andrew.t.hoard@gmail.com)



# Individual Development

## Zumba! Zumba! Zumba!

On Friday March 5<sup>th</sup>, a few of us signed up for the Zumba Girls Night Out event that was held at the Michigan Athletic Club in East Lansing. For those of you who do not know what Zumba is, it is an aerobic fitness class that uses music based on Salsa, Meringue, Cumbia, Reggaeton, Indian Bali and Hip-Hop. It is fast paced, but easily adaptable to any fitness level and the quick change of moves keeps you from getting bored. For 90 minutes we worked out with a total of 91 people and then had cocktails and appetizers in the club's Courtside Grill. There were a few of us that never tried it before and we all enjoyed it.

Submitted by: Alexandra Briseno, 2010 Secretary, [xandrab@hotmail.com](mailto:xandrab@hotmail.com)



## Chaplain's Corner

Carrie May,  
Lansing Jaycees Chaplain  
[carriemay@aol.com](mailto:carriemay@aol.com)  
248-756-3840



### Ben Franklin

Sometimes, you stumble across information that makes you think, "Huh. Never knew that!" In That's Not in My American History Book by Thomas Ayers, I stumbled across a few pages about Ben Franklin. While some of Franklin's quotes are well-known and very pointed ("Three can keep a secret if two of them are dead" and "Keep your eyes open before marriage and half-closed afterwards" are just two examples), some of his other accomplishments really stuck out to me:

- Franklin invented the modern-day catheter
- Organized the first volunteer fire department
- Helped set up the first subscription library
- Tried to electrocute a turkey, nearly killing himself

What I found most interested is that Ben Franklin only completed schooling through second grade, and accomplished so much without formal education. I guess it goes to show that education can occur in many different forms, and while it's easy to assume that the most formal education is the best, that's not always the case. Often times, necessity breeds invention and that can be a good thing.

## Calling all Shutterbugs!

Do you like to capture the moment? Are you savvy with a digital camera or camera phone? If so, we are looking for you! The Lansing Jaycees has recently created a Group Room on Snapfish and wants members who have attended events and took pictures to add those to our group room site. You can also sign up and see what events are on there.

To go to the group room, click on <http://lansingjaycees.snapfish.com>

Submitted by: Alexandra Briseno, 2010 Secretary, [xandrab@hotmail.com](mailto:xandrab@hotmail.com)



# *Individual Development*

## Michigan Energy Options

Michigan Energy Options is a nonprofit organization focused on promoting and implementing quality energy-efficiency and sustainability program in Michigan. On Wednesday, March 3<sup>rd</sup> we were able to take a tour of their Demonstration House and received education on how we could make our homes more energy-efficient. Options included simple and cost effective changes including plastic and roll caulk on and around windows, weather stripping and changing out your light bulbs.

Michigan Energy Options offers “Residential Energy Audits”, general information is below. They also offer programs for income qualified homeowners. For more information, contact them at 517-337-0422 or visit them on the web at <http://michiganenergyoptions.org/>.

### Residential Energy Audits (Home Energy Check-Up)

As Michigan Energy Options has been performing energy audits for over 30 years to homes across the state you can solidly rely on our expertise. Additionally, our organization’s mission to promote energy efficiency and conservation makes us an unbiased choice when it comes to helping you make the right decisions for your home.

Michigan Energy Options offers our residential energy audit statewide to families or individuals interested in making their home(s) more energy efficient. A certified energy rater will visit your home and provide suggestions for improvements that will reduce your energy usage and save you money. This is done by examining your home from the basement all the way to the attic. We will make objective recommendations to address insulation levels, windows and doors, water usage, heating & cooling systems as well as lighting & appliances.

Our energy rater will spend a minimum of 1 hour performing an energy assessment on your home and will provide you with a personalized checklist of energy efficiency and conservation recommendations. Participants will also receive educational materials and resources as well as a 1 year membership to Michigan Energy Options (a \$35 value).

### Costs & How To Get Your Home Evaluated

Our Home Energy Check-Up program is modestly priced at \$150 per home. If additional travel is required to get to your residence, mileage will be charged. If you are interested in seeing how you can reduce your home's energy usage, fill in the contact form below or call Bruce Wheaton at (517) 337-0422 and select option 3.

Michigan Energy Options is open to the public and has a wonderful reference library that is also open to the public.

*Submitted by: Sheryl Soczek, 2010 Individual Vice President, [soczek@msu.edu](mailto:soczek@msu.edu)*



*At right:* Mike Castelein riding an “exhibit” showing how much more energy it takes to run a standard light bulb than a Compact Florescent Light (CFL) bulb.

*At left:* An example of an energy-efficient home vs. a standard home and the cost savings associated.



# *Individual Development*

## 2009 Year End Convention

All I can say is "WOW!" 2009 Year End Convention was held at the Grand Traverse Resort and Spa from February 19-21. The Lansing Jaycees had 9 members in attendance, an all time high!

Everyone had a great time, and I'd like to congratulate the chapter on the following awards!

### 4<sup>th</sup> Quarter:

Community Area of Opportunity: 3<sup>rd</sup> Place, Chapter Base Group C  
Individual Area of Opportunity & Management Area of Opportunity: 2<sup>nd</sup> Place, Chapter Base Group C  
Membership Area of Opportunity: 1<sup>st</sup> Place, Chapter Base Group C & Overall  
Fall Fun Fest: 2<sup>nd</sup> Place, Chapter Base Group C, Children & Youth  
Member Mixer: 2<sup>nd</sup> Place, Chapter Base Group C, Retention, Growth & New Chapters  
Stuff the Bus: 1<sup>st</sup> Place, Chapter Base Group C, Community Service  
The Capitol Correspondent: Key Communicator Award, Base Group C  
5<sup>th</sup> Place, Parade of Chapters  
Overall Chapter of the Quarter

### 2009 Year End Awards:

Membership Area of Opportunity: 1<sup>st</sup> Place, Chapter Base Group C  
3<sup>rd</sup> Place Tie – Top Growth Chapter, +16  
Angela Fossi, Outstanding Local Vice President Award  
Angela M. Clock, David Lichwala Outstanding President &  
Martin P. Luthy Most Outstanding President

Congratulations to everyone, and I look forward to seeing the great things our chapter does in 2010!!!

Submitted by: Angela M. Clock, 2010 Chair of the Board,  
[fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com)



*The Lansing Jaycees collect one of many awards!*

## 2010 Region D Meetings

**Saturday, May 8<sup>th</sup>: Time: 1-3pm, Log Jam, 110 West Jefferson, Grand Ledge**

*Trainers: Eric Klingensmith, GVSU and Grand Rapids Jaycees, Millennial Training & Sarah Laster, Outstanding Young Michigander Awards Chair*

**Sunday, August 8<sup>th</sup>: Time: TBD, Owosso**

*Trainers: Dave Worthams, 2010 MIJC Management VP, Potential Officers Training*

**Sunday, October 3<sup>rd</sup>: Time, TBD, Ionia**

*Trainers: Darlene Dresch, 86<sup>th</sup> MIJC President, Transition to 2011*

*For more information or any training recommendations, contact 2010 Region D Director*

*Angela M. Clock at [fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com) or 517-410-9527*

## *A note from the Capitol Correspondent Editor:*

Thanks to the contributors of the March newsletter: A. Fossi, S. Soczek, A. Clock, A. Briseno, C. May, Andrea Hoard, S. Keeney, C. Burton, Andrew Hoard, J. Hutchison

### **ANYONE CAN BE AN AUTHOR!**

Please submit your articles, photos, or ideas for future newsletters to:

**Angela Clock**  
**2010 Lansing Jaycees**  
**Newsletter Editor**  
**[fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com)**



### **A Message from the Management VP**

The first two quarters have been quite busy for us in terms of fundraising. I am happy to say that at the time of writing this article, we have raised \$789.27. In January members were invited to dine at Olga's in Frandor. We made \$25.79(15% of our total sales). In February we dined at Max & Erma's in Lansing. There we made \$67.48 (20% of our total sales. We added a second fundraising event in February selling "Enjoy the City" coupon books. We made \$696.00 (\$8.00 of each book sold). A huge THANK YOU to everyone that participated in one of our fundraisers this month!

This month was our first Texas Hold'em of the year. Don't worry, if you didn't get a chance to help out with this event, another opportunity well come up June 24-27, 2010. Reserve the dates now.

We have several fun things coming our way in the next few months. We have decided to publish a "Lansing Jaycees Cookbook". Our very own Regina Calcagno and Carrie May will be chairing this project. The next committee meeting will be held on Wednesday, March 24 at 5:30 PM at Qdoba in Frandor. Please feel free to bring any "fundraising" type cookbooks you may have and your ideas. Stay tuned for information on submitting your very own recipes.

We have conducted one Chairman's Planning Guide (CPG) training to date. However if you weren't able to make it or would like additional assistance, please feel free to contact any Board Member. Remember the CPG is one of the building blocks of our organization and the foundation of project planning.

If you have a fundraising idea and/or would like to chair a project dealing with such, I welcome your suggestions and assistance. Feel free to contact me at [Soczek@msu.edu](mailto:Soczek@msu.edu).

*Sheryl A. Soczek, 2010 Management Vice President*  
[soczek@msu.edu](mailto:soczek@msu.edu)

### **CPG Training / Cookie Night**

The Chairperson's Planning Guide (CPG) is sometimes viewed as a bit of a mystery. We took some time to break this document down to show our members how they can benefit from this very useful tool. The CPG is exactly what its name implies – it's a document with ten steps that helps guide one's way through planning a project.

Sam Keeney was gracious enough to host the training at her home. Several Jaycees attended and learned more about how to use this document to its fullest capabilities. We discussed each step of the process and then took the time to pick a project and fill in each part of the CPG. It was a good way to have everyone participate in the process and gave attendees the opportunity to work through the process and ask questions as they arose. As a little incentive, home made chocolate chip cookies were enjoyed by all.

Did you miss out on this training? No worries – we will hold another during the 2<sup>nd</sup> quarter. In the meantime, if you have questions about CPGs and project planning, contact one of your friendly Board members!

*Submitted by: Carrie May, 2010 Treasurer & Chaplain, [carriemay@aol.com](mailto:carriemay@aol.com)*

## Past Presidents Corner

The Past Presidents of the Lansing Jaycees group has been around for years. They can offer support and insight on a variety of topics and projects. Each September, many of the Past Presidents gather for their annual outing in Whitehall, Michigan. During the weekend, a golf tournament and annual meeting are held. When the members of this prestigious organization are not golfing, they are reminiscing of past events, members and inquiring as to what the current chapter is up to. Needless to say, being a Jaycees impacted the Past Presidents in various ways. Each month, we will have a spotlight on one or more Past Presidents to find out a little more about them and their experiences being a Jaycee.

### **Barry Hintz Lansing Jaycees 52<sup>nd</sup> Past President**

I'm Barry Hintz, 52<sup>nd</sup> President of your Lansing Jaycees. Sheryl's second request for this information came on my 59<sup>th</sup> birthday and the timing motivated me to indulge in a bit of nostalgia. My Jaycee experience helped define and enhance my life. I had just turned 24 when I was hired as the Executive Director of Junior Achievement of Greater Lansing. I moved here from Pittsburgh, PA where I was hired by JA as a trainee. Not knowing anyone in Lansing was a motivating factor for me to join the Lansing Jaycees. When Past President Bob Pancost told me I'd be able to join the "competitive" softball team, it sealed the deal. During the late 70's and early 80's, the Lansing Jaycees were a growing and exciting organization. We took on significant projects and were viewed as a significant community resource. Our Bicentennial project was the restoration of the Dodge Mansion. We started an Oktoberfest (under the direction of current East Lansing Mayor Vic Loomis), started the Riverfest, provided many man-hours at the Boys and Girls Club, started the Easter Egg Hunt and got an enormous amount of favorable press from the State Journal, TV and radio. If your parents grew up in Lansing, they likely knew of the Lansing Jaycees. I stayed involved because it was cool and respectable to be a Lansing Jaycee. What I remember most from my Jaycee experience was my year as President (1980-81). The election was a three way race with campaign committees, absentee ballots, posters and other aspects of a political campaign. We started the Riverfest that year and we hosted a televised debate between US Congressional Candidates with a Jaycee moderator and two panelists (including Past President Scott Pohl) asking questions. We ran over 100 projects and had 97 people serve as a chair or co-chair. We helped keep the DeWitt Jaycees alive, start the Mason Jaycees and elect Duane Humphrey (51<sup>st</sup> President) Vice President of the Michigan Jaycees at a State Convention that we hosted. We grew from 180 to 223 members, mostly by retaining 75% of our current members. We beat our arch rivals, the Grand Rapids Jaycees, for the Giesenbier Award as the best "big city" chapter for the second straight year. It was part of a 5 year run that made the Lansing Jaycees a Gold Chip chapter for the only time in our history. It was a great time to be a Lansing Jaycee!

Sheryl's final question to answer was "what did the Jaycees mean to you?" The Lansing Jaycees enabled me to sink roots in this community. Because of my Jaycee experience, I was asked to join several community boards and chair projects or campaigns for the Chamber of Commerce and United Way. It is impossible to go to an event at Breslin Center, Wharton Center, Spartan Stadium, St. Gerard Church, Lansing Catholic High School, a high school sporting event or anywhere else and not run into a Jaycee friend or acquaintance. My golf league is made up primarily of former Jaycees. On any Friday evening, you are likely to find me at a high school sporting event with Duane Humphrey (51), Rick Zapoli (54) and Mike Crimmins, a VP for all of us.



My closest friends today are people I met through the Lansing Jaycees. I encourage each of you to get more involved in your Jaycee chapter. It can help define and enhance your life too.

## Outstanding Young Michigander Awards

Outstanding Young Michigander Nominations are being accepted until June 15<sup>th</sup>. The awards will be presented at the Michigan Jaycee convention being held in East Lansing on Saturday, August 14<sup>th</sup>. It would be wonderful to have a local young professional recognized for their achievements and contributions to the community.

The Michigan Jaycees' Outstanding Young Michigander program was started in 1955 to recognize outstanding community leaders age 21-40 from the state of Michigan. The program honors a total of 10 individuals annually that is made up of 5 Outstanding Young Michiganders and up to 5 Distinguished Service Awards, one in each of the following categories – Outstanding Young Religious Leader, Educator, Public Safety Officer, Government Leader and Farmer.

Do you know someone that should be nominated? It is not required that the nominee or nominator be a member of the Jaycees. A chapter may nominate one person from each Distinguished Service Award category and no more than 2 Outstanding Young Michiganders.

Please contact Angela Fossi at [kitispart@gmail.com](mailto:kitispart@gmail.com) if you have any questions or would like to review the nomination forms.

## New PR Plan in the Works

Many things are in the works this year that are additions, or modifications to the traditional Jaycee events and workings. This includes a PR and marketing plan. A PR Plan is something that the chapter has not had in a number of years. This plan will help to streamline press releases keeping Lansing Jaycee events at the forefront of the local media. The beginning work has already yielded some results by guiding a new prospect to the March GMM.

The goal of this plan is to help set timelines for press releases and media hits for events leading up to their occurrence. Generating free publicity and more community recognition about the Lansing Jaycees. By repeatedly sending out press releases, and updating the community on what the Lansing Jaycees are doing, it will create stronger ties not only with the community but also with local reporters poising the Lansing Jaycees to be the go to resource for all information that deals with young professionals between the ages of 21-40.

There is also a plan underway to utilize a blog to help promote the chapter and make postings in community calendars for upcoming events, as a few ideas in the works for updating and promoting the chapter.

If you have thoughts or suggestions on additional ways to implement marketing and PR for the organization or ideas on additional ways to improve the workings of the Lansing Jaycees please let me or any of the board members know.

*Submitted by: Samantha Keeney, 2010 Director At Large,  
[samantha.j.keeney@gmail.com](mailto:samantha.j.keeney@gmail.com)*



# Calendar of Events

## Lansing Jaycees Activities...

- March 16<sup>th</sup> – Board of Directors Meeting** – All members welcome; 6:00 PM at the Michigan Jaycee Service Center, 534 S. Walnut, Lansing (Details = A. Fossi @ 586-484-7027)
- March 18<sup>th</sup> – Get Your Food On** – Sophia's House of Pancakes, 1010 Charlevoix, Grand Ledge; 6:15 PM (Details = Andrew Hoard @ 517-303-6643)
- March 19<sup>th</sup>– Happy Hour** – Michigan Brewing Company, 402 S. Washington, Lansing; 5:30 PM (Details = C. Burton @ 517-281-6049)
- March 20<sup>th</sup>– MIJC Model Legislature** – Michigan Capitol, Lansing; 8:45 AM- 5:00 PM (Details = A. Fossi @ 586-484-7027)
- March 22<sup>nd</sup>– How to Shoot a .22 Caliber** – Total Firearms, 1380 N. Cedar St., Mason; 5:15 PM (Details = S. Soczek @ 517-862-6376)
- March 23<sup>rd</sup>– Final Easter Egg Hunt Committee Meeting** – Michigan Brewing Company, 402 S. Washington, Lansing; 6:00 PM (Details = Andrea Hoard @ 517-402-8488)
- March 24<sup>th</sup>– Cookbook Committee Meeting** – Q'Doba, Frandor, Lansing; 5:30 PM (Details = C. May @ 248-756-3840)
- March 26<sup>th</sup>– Comedy for a Cause** – Connxtions Comedy Club, 2900 N. East St., Lansing; 7:00 PM (Details = Andrea Hoard @ 517-482-8488)
- March 27<sup>th</sup>– Easter Egg Stuffing** – Sohn Linen, 2401 Wood St., Lansing; 8:15 PM (Details = Andrea Hoard @ 517-402-8488)
- March 27<sup>th</sup>– Bowling League** – Royal Scot, 4722 W. Grand River, Lansing; 9:00 AM (Details = A. Fossi @ 586-484-7027)
- March 29<sup>th</sup>– Haunted House PR/Advertising Committee Meeting** – Q'Doba, Frandor, Lansing; 5:45 PM (Details = S. Soczek @ 517-862-6376)
- March 30<sup>th</sup>– Sponsorship Committee Meeting** – Old Chicago, 1938 W. Grand River, Okemos; 6:00 PM (Details = A. Fossi @ 586-484-7027)
- April 3<sup>rd</sup>– Annual Easter Egg Hunt** – Michigan Capitol Lawn, Lansing; 10:00 AM (Details = Andrea Hoard @ 517-402-8488)
- April 6<sup>th</sup>– General Membership Meeting** – Tripper's, 350 Frandor Ave., Lansing; 6:00 PM Social Hour, 7:00 PM meeting (Details = A. Fossi @ 586-484-7027)
- April 10<sup>th</sup>– Bowling League** – Royal Scot, 4722 W. Grand River, Lansing; 9:00 AM (Details = A. Fossi @ 586-484-7027)
- April 16<sup>th</sup>– Happy Hour** – TBD; (Details = C. Burton @ 517-281-6049)

**Watch the Juice weekly for other events yet to be planned!**

**Lost in Detroit** by Caitlin Blehm  
a photo show at Agog Arts  
225 E. Grand River Ave, East Lansing  
(across from MSU, next to Potbelly's)

Photos will be on display throughout the month of March. I try to capture what most people would normally pass by, portraying the city of Detroit in unexpected ways. The variety and nostalgic quality of my photos will leave you feeling *lost in Detroit*. So, please stop by!



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## Member Shout Outs

Hey Bridget – Did you bring me back a Chuck from Florida? Or, a Tiger would do!  
☺ Hope you had fun! I'm jealous...

-Adrienne

Andy Miller – Good luck on your first 5K this year! -  
Stephanie

Andrea, Andrew & Sam –  
Watch your cell phones.

-Fossi

Sheryl – Why you gotta be like that? -  
Fossi

Ilona, I have your goat.

Gina – Good luck staying up on skates! -Clock

Charlie – Congrats on the baby girl!

Mike – it's rake, not rack! - Sheryl



Hey Fossi – is it Opening Day yet? –  
Tha' Roomie

Sara Guthrie – Good luck finding your dog a new daddy!

Dave Akens –  
Haggis...bleh...

Colleen: Beware of the paddywagon. - Fossi

**Have something to say?  
Email Angela Clock,  
Newsletter Editor at  
[fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com)  
to make your contribution!**

Bridget – I gave you first quarter. Start planning Lugnuts games. -  
Fossi

Rob – I need a business card. Where's the Dowding mobile?

Welcome to Sasha, Amy & Kim!

Andy – Remember to pay your tab!

Colleen – careful when you go bungee jumping...Clock

Nick K. – Sexy Gardener!

Eric Dobry – Congrats on being talked into chairing your first project! - AMC

Andrea – Remember who threw an elbow for you!

Kevin – I miss you singing "Total Eclipse of the Heart" -  
Clock

Clock – Where is my goat? Ilona

Jaimie H. – You're the queen of Scattergories!

Tony – What's that brown spot on your butt?

Fossi – You need help with your PollDaddy...

Hey Guthrie – Quit stealing my rack, rake! –  
Mike Castelein

Adrienne – Pudge says hi!

Hey Bish – We need more cookies!!!

Good Curling Carrie, Anne & Fossi! -Clock

Alex – We love your "isms"!

### Top 10 St. Patrick's Day Facts

1. St. Patrick is the patron saint of Ireland, although he was born in Britain, around 385AD. His parents Calpurnius and Conchessa were Roman citizens living in either Scotland or Wales, according to different versions of his story.
2. As a boy of 14 he was captured and taken to Ireland where he spent six years in slavery herding sheep. He returned to Ireland in his 30s as a missionary among the Celtic pagans.
3. Legend has it that he used the native shamrock as a symbol of the holy trinity when preaching and brought the Latin alphabet to Ireland.
4. Miracles attributed to him include the driving of serpents out of Ireland. However, evidence suggests post-glacial Ireland never had any snakes in the first place.
5. Wearing green, eating green food and even drinking green beer, is said to commemorate St Patrick's use of the shamrock - although blue was the original colour of his vestments.
6. St Patrick was said to have proclaimed that everyone should have a drop of the "hard stuff" on his feast day after chastising an innkeeper who served a short measure of whiskey. In the custom known as "drowning the shamrock", the shamrock that has been worn on a lapel or hat is put in the last drink of the evening.
7. Popular Irish toasts on St Patrick's Day, include: may the roof above us never fall in, and may we friends beneath it never fall out.
8. St. Patrick's Day was first celebrated in America in Boston, Massachusetts, in 1737. Around 34 million modern Americans claim Irish ancestry.
9. It is believed that St Patrick died on March 17 in 461AD. It is a national holiday in Ireland, and on the island of Montserrat in the Caribbean, which was founded by Irish refugees. It is a bank holiday in Northern Ireland and a provincial holiday in the Canadian province of Newfoundland.
10. Dublin has a parade that attracts hundreds of thousands of people, while in Chicago the river is dyed green for a few hours. The biggest parade is normally held in New York, while the largest celebration in the southern hemisphere is in Sydney, Australia.

-Taken from [www.telegraph.co.uk](http://www.telegraph.co.uk)



## Jaycee Business Directory

### **ClockRocks**

One of a kind, handmade jewelry! Contact Angela Clock at for information or to see samples, or visit:

[http://www.etsy.com/shop.php?user\\_id=5189064](http://www.etsy.com/shop.php?user_id=5189064) H: 517-410-9527

### **Keller Williams Realty**

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.

Ph: 517.853.6390

Email: [Sold@RobertDowding.com](mailto:Sold@RobertDowding.com)

Website [www.RobertDowding.com](http://www.RobertDowding.com)

Blog:

[www.RealestateRealresults.com](http://www.RealestateRealresults.com)

### **Website Design Services**

Vieth Consulting provides development services for organization and commercial websites. Contact Chris Vieth for more information or for a quote.

H: 627-7145

W: 930-3611

[ccvieth@viethconsulting.com](mailto:ccvieth@viethconsulting.com)

### **Relief Massage Therapy**

Pain and stress relief by Certified Massage Therapist. Contact Sasha Fournier at 517-410-4251. By appointment only.

To advertise your business here, submit your information to [fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com)